sacy

CONNECTION IS PREVENTION

# Free Workshops for Parents & Caregivers

## SACY Adult Toolkit: Understanding Youth & Substance Use

Join us for a friendly, non-judgmental evening for caregivers. Add to your skills & knowledge about teens, alcohol & cannabis. We'll review practical information on teen development and ways to support teens' healthy decision-making.

**Date: Thursday March 8 2018**
**Place: SACY STEP Portable @ Tupper Secondary**
**(SACY Portable on corner of Prince Ed & E. 23rd)**
**Time: 6:00– 9:00 pm**
** Please arrive early for **

## District wide workshops:

### Building Bridges with your Teen

We'll look at brain changes and the science behind teen behaviour. Share your insights, and explore practical ways to support healthy decision-making and developing capable youth.

Mar 13 2018 ..... Vancouver Technical Secondary ..... 7 – 9 pm
May 24 2018 ..... Lord Byng Secondary ..... 7 – 9 pm

### SACY Adult Toolkit: understanding youth & substance use

May 31 2018 SACY STEP Portable @ Tupper Secondary 6:30 – 8:30 pm
(SACY portable on the corner of Prince Edward St and East 23rd)

District wide workshops register: www.SACY.eventbrite.ca